

Home & School CONNECTION[®]

Working Together for School Success

January 2017

Nordstrom Elementary School
Debbie Grove, Principal



SHORT NOTES

Is my child over-scheduled?

Take a moment to review your youngster's after-school schedule together. While there's no magic number of activities that's right for every child, consider whether she has enough time to do homework and enjoy downtime. If one or more days each week are jam-packed, think about having her drop an activity.

School supply inventory

The year is halfway over! Your youngster's school supplies may be running low, so check if he needs more pencils, paper, or calculator batteries. You might also ask his teacher about shared items like tissues or glue. *Note:* Contact the school counselor if you need assistance in getting supplies for your child.

Good handwriting matters

Although your youngster will type more of her work as she gets older, it's still important for her written assignments to be legible. Also, she will be less apt to make math mistakes if she writes numbers clearly. Encourage her to take pride in completing her work neatly.

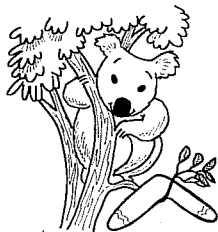
Worth quoting

"I know nothing in the world that has as much power as a word. Sometimes I write one, and I look at it until it begins to shine." *Emily Dickinson*

JUST FOR FUN

Q: What do you call a boomerang that doesn't work?

A: Lost.



Motivated to learn

What's the best way to keep your child inspired to learn? Help him learn to motivate himself! Raise a self-motivated youngster with this advice.

Point to the future

Your youngster may feel more motivated to learn something if he understands how it will be important later. Tell him about ways you use school subjects like math and writing at work. You might explain how you count the money in your cash register and compare it to sales receipts when your shift ends. Or show him advertisements that you helped to write or design.

Move on from mistakes

There are two ways to react to mistakes: Feel discouraged, or get motivated. Encourage your child to look at a mistake as an opportunity to succeed next time. If he made careless errors on a report, for example, he could proofread papers more



carefully in the future (take a break before proofing, read backward).

Celebrate hard work

Have your youngster find natural motivators when he is faced with a big job. For instance, he may plan to read a new mystery he's been looking forward to after finishing a challenging book for school. Or you might let him organize a fun family activity that's related to his science project—perhaps a visit to a cavern if his experiment involves minerals. ♥

Winter workouts

No matter what the weather, your family can stay active this winter. Try these ideas.

Sticky catch. Use gloves for more than keeping warm. Get Velcro circles with sticky backs (available at craft stores), a Wiffle ball, and a pair of knit gloves. Stick Velcro pieces all over the Wiffle ball. Each person wears one glove, leaving one hand free to throw. Go outside for a game of catch!

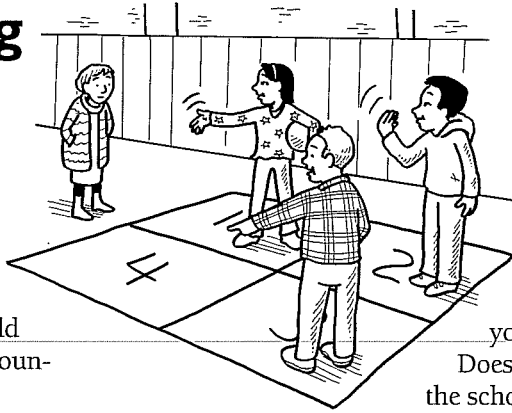
Fitness hunt. Ask each family member to draw and label pictures of physical activities (making snow angels, doing forward rolls). Hide the drawings, and race around trying to find them. When you spot one, do the activity five times. Then, hide that picture for someone else to find. ♥



Speak out about bullying

It can take courage for your youngster to ask for help when she or a classmate is bullied. Here are ways to reassure her that it's okay to speak up.

To start a conversation... "What have you heard in school about bullying?" Simply opening the lines of communication may make your child feel comfortable coming to you if she witnesses bullying or is a victim of it herself. If she doesn't have much to say, you could talk about what you've heard or relate situations you encountered as a youngster.



If she is bullied...
 "I'm glad you told me. Let's decide how I can support you." Children who are bullied may feel helpless. Discuss options so your youngster feels more in control. Would she be okay with your talking to her teacher? Does she want to meet with the school counselor?

ACTIVITY CORNER

Think like a historian

Does your child know that history isn't just something that happened a long time ago? In fact, history is made every day. Let him be a historian with this activity.

Find and document

Have him pay attention to history-making events like "firsts" (his little brother's first steps), unusual occurrences (the decade's biggest snowfall), or significant changes (moving to a new house). Encourage him to document each event by writing about it or making audio or video recordings.



Analyze and predict

Like a historian, he should analyze why the event is important and what we might learn from it. He might say, "We normally get a dusting of snow in our state, but this week we got six inches," and "Now we know how snow drifts when the wind blows."

Idea: Let your youngster share his historical "document" with your family by reading aloud what he wrote or playing his recording.♥



When a classmate is bullied... "What could you do to help?" Together, brainstorm ideas. Have her think about where the bullying takes place. She might ask the child to play with her at recess or sit with her on the bus or at lunch. Or she could walk with her classmate to tell an adult about what happened.♥

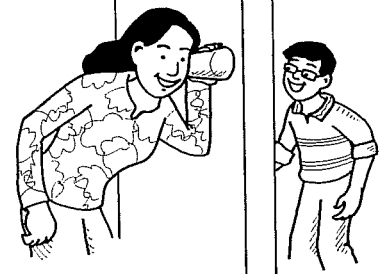
PARENT TO PARENT

Teach me!

My son recently had what I thought was an unusual homework assignment. He had to study for a science quiz by teaching me the material, and I was supposed to write a sentence about what I learned.

It turned out to be interesting and helpful for both of us. I learned something new—about how sound travels better through solid objects than through liquids or gases—and my son earned a good grade on his quiz. We realized that talking it through in his own words was a good way for him to study. Also, I think it boosted his confidence to be able to teach me something I didn't know.

Now instead of asking what he learned in school, I sometimes have him teach it to me. If he struggles to explain it, that's a clue for him to go back and study more, then try again.♥



Q & A

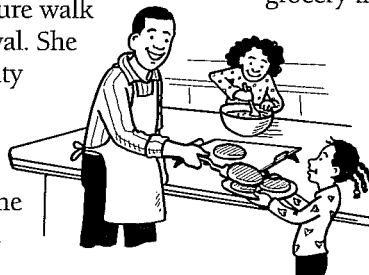
Resolve to find family time

Q: Our New Year's resolution is to spend more time together as a family. Do you have any suggestions for getting our daughters on board?

A: Try letting each girl pick one special event a month for your family to do, such as a winter nature walk or a kite-flying festival. She could plan the activity and be in charge for the day. For ideas, look at calendars from the library or the parks and recreation department.

Also, look for ways to carve out small amounts of time. If you know you won't be able to eat dinner as a family, pick a different meal to eat together that day. Do errands cooperatively, and try to add an element of fun. For example, divide your grocery list in half, break into teams at the store, and see who can get their items first.

Finally, post family plans ("Pancake breakfast on Sunday," "Craft night at the library") to get your daughters excited about what's ahead.♥



OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

Resources for Educators, a division of CCH Incorporated
 128 N. Royal Avenue • Front Royal, VA 22630
 540-636-4280 • rfeustomer@wolterskluwer.com
 www.rfeonline.com
 ISSN 1540-5621

Reading Connection

Tips for Reading Success

Beginning Edition

January 2017

Nordstrom Elementary School
Debbie Grove, Principal

Book Picks

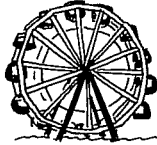


Read-aloud favorites

■ *Mr. Ferris and His Wheel*

(Kathryn Gibbs Davis)

This is the true story of how an American engineer invented the Ferris wheel.



George Ferris designed an enormous steel wheel with fancy cars that fairgoers could ride in, and it became one of the most popular carnival attractions of all time.

■ *Henry and Mudge: The First Book*

(Cynthia Rylant)
Henry's new puppy, Mudge, quickly grows into a 180-pound dog who walks Henry to school, sleeps in Henry's bed, and occasionally gets into trouble. The boy and his dog learn a valuable lesson when Mudge gets lost. Book 1 in the Henry and Mudge series. (Also available in Spanish.)

■ *Before After* (Anne-Margot Ramstein and Matthias Arégui)

In this wordless book, pairs of pictures show "before" and "after"—a caterpillar and a butterfly, a pumpkin and a carriage, a snowy winter scene and a lush spring one. Can your child explain how each pair is related?



■ *I Had a Favorite Dress*

(Boni Ashburn)
A little girl wears her favorite dress every week until she starts to outgrow it. She asks her mom to turn it into a shirt—which she wears every week until it's too small. But that's not the end of it! What will her mom turn it into next?



Plan for creative writing

Youngsters are naturally creative, whether they're doing art projects or playing with toys. Let your child use his creativity to plan the stories he writes. Here are playful ideas.

Sculpt a character

Who will star in your youngster's story? Encourage him to create a main character out of play dough. It could be a person, an animal, or an imaginary creature. Suggest that his character perch nearby as he writes about it—he might write its name and its age, describe its personality (silly, serious), and tell what it likes to do for fun.



Sketch a setting

Where will your child's story take place? Have him draw or paint the setting (a classroom, a playground, a castle), and ask questions that will inspire him to add details. For example, are there tables or desks in the classroom? Does the castle have a moat and a drawbridge? He can refer to his picture while you help him

write a detailed story: "My best friend and I sit at the same round table in class."

Plan a plot

What problem does your youngster's character face? He could flesh out his plot by using small toys (action figures, bouncy balls, blocks) to act out scenes. "Seeing" the action will help make his writing more vivid and specific. For instance, he might describe exactly how a basketball player sank the winning shot or how the dragon toppled the tower.♥

Everyone reads!

Show your youngster the importance of reading by talking about books on a regular basis. Consider these everyday tips.

- **"Today I read..."** Tell your child what you read at work or in your spare time. You could describe the dishes on the new menu at your restaurant or mention a suspenseful mystery that's keeping you on the edge of your seat. Ask her to tell you what she's reading, too.
- **"I know who'd enjoy this book..."** Point out what relatives or friends might like to read. While looking at the "new arrivals" shelf at the library, you could say, "Uncle Rick loves science fiction. Let's tell him about this book." Then, encourage your youngster to be on the lookout for other books to recommend.♥



Super sight-word activities

Being able to recognize common words automatically is an important step toward fluent reading. Try these activities to help your youngster learn to read frequently used words like *said* and *went*.

Note: Use a list of sight words that your child's teacher sends home, or find a list online (try lincs.ed.gov/readingprofiles/Dolch_Basic.pdf).



Slide and find. Your youngster can reveal sight words hidden in rice. First, cut a sheet of construction paper to fit inside a plastic zipper bag. Write 15–20 sight words in random places on one side of the paper, slide it into the bag, and have your child add scoops of dry rice until the page is covered. Seal the bag, and lay it flat on the table. She

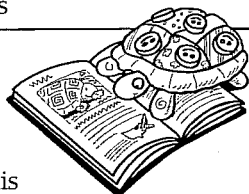
should use her finger to slide the rice around through the plastic and say each word as she uncovers it.

Park and read. Let your youngster draw a parking lot for her toy cars on poster board or construction paper. In each parking space, have her write a sight word (*was, they, because*). As she parks each car, she reads the word in its spot. Or call out any word in the lot, and she has to park a car in the space labeled with that word.♥

Stuffed animal research

What would your child's stuffed squirrel like to eat? What kind of home does his turtle need? He can practice reading nonfiction and build early research skills as he finds out!

1. Together, find library materials that would answer his questions. You might try information books, picture book biographies, children's encyclopedias, or kids' science and nature magazines.



2. Help him read the table of contents and the glossary to see which pages contain the facts he wants. For instance, he could look for pages that mention *diet* or *habitat*.

3. Now it's time to use what he learned to "take care of" his animals. He might "serve" acorns to his squirrel. Or he can create a pond for his turtle using blue construction paper. He'll discover that doing research to learn new things is fun and useful!♥



Q&A

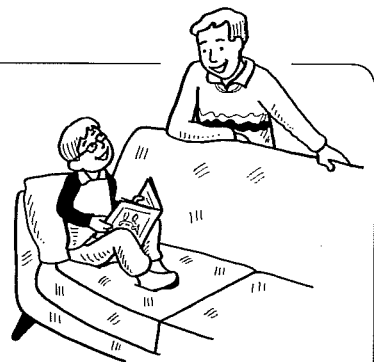
Reading silently

Q My son recently started reading silently. Since I can't hear him read, how can I check on how he's doing?

A Silent reading is typically—but not always—a sign that a child is reading automatically and efficiently.

To make sure your youngster understands what he reads silently, invite him to tell you about it when he's finished. Browse through the book as he talks so you can see how well he understood it. Ask him to show you any hard words he figured out—or any he couldn't get. Also, tell him that he can come to you or an older sibling for help when he reads.

And remember, just because your son *can* read silently doesn't mean he has to do it all the time. Let him read aloud to you, and you'll be able to hear his progress.♥



Parent to Parent

A recipe for writing fun

In school, my daughter Sara had to write a recipe for something other than food. Sara decided that her recipe would be for friendship, and it called for "ingredients" like 1 cup loyalty and a pinch of laughter.

She enjoyed the assignment, so I suggested that she write recipes for other things. In her recipe for a perfect day, her instructions included mixing together

$\frac{1}{2}$ cup sunshine, $\frac{1}{2}$ cup playground fun, and 1 cup family. Sara has also written recipes for her ideal sleepover, soccer game, and school field trip.

This has been a great way to encourage my daughter to practice writing. Now, she's compiling her recipes into a "cookbook" to keep on our bookshelf for everyone to read.♥



OUR PURPOSE

To provide busy parents with practical ways to promote their children's reading, writing, and language skills.

Resources for Educators, a division of CCH Incorporated
128 N. Royal Avenue • Front Royal, VA 22630
540-636-4280 • rfeustomer@wolterskluwer.com
www.rfeonline.com
ISSN 1540-5648